



CFL HYGIENE RULES

STAFF

1. Wash hands more often and for 20 seconds with soap and warm water and/or use hand sanitizer, especially when: -
 - (a) arriving on site;
 - (b) leaving your post to go to another location;
 - (c) you have sneezed, coughed or blown your nose;
 - (d) you are about to eat or handle food;
 - (e) before and after visiting the toilet;
 - (f) before and after break times; and
 - (g) when returning to their post.

1. Cover your mouth and nose with a tissue or your sleeve (but not your hands) when you cough or sneeze and throw the tissue away immediately. "Catch it, Bin it, Kill it!". If you wish to use a face covering, you may wear your own or we will supply you with a disposable one.

2. Clean and disinfect regularly touched objects and surfaces more often than usual using standard cleaning products and anti-viral wipes

3. Minimise contact as much as possible by adhering to the Social Distancing Guidelines

VISITORS

4. Wash hands more often and for 20 seconds with soap and warm water and/or use hand sanitizer, especially when: -
 - (a) you are about to eat
 - (b) you are about to handle café/snack bar or shop items;
 - (c) before and after visiting the toilet

5. Supervise young children to ensure they also wash their hands more often.

6. All visitors over the age of 11* are required to wear face coverings in the indoor café and shop areas.

* Other than those who are exempt.